

WITHOUT FINES

Nutritional Informatior

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Analysis Name	Results	Units
Calories	382	Cal/100g
Carbohydrates	87.53	% by wt.
Total Sugars	60.30	% by wt.
Fructose	31.46	% by wt.
Glucose	28.84	% by wt.
Lactose	0.25	% by wt.
Maltose	0.25	% by wt.
Sucrose	0.25	% by wt.
Total Fat	1.72	% by wt.
Trans Fat	< 0.01	% by wt.
Saturated Fat	0.27	% by wt.
Monounsaturated Fat	0.32	% by wt.
cis-cis Polyunsaturated Fat	1.04	% by wt.
Total Dietary Fiber	17.4	% by wt.
Protein	4.05	% by wt.
Polyphenols	23,000	ppm
Vitamin A (Beta Carotene)	960	IU/100g
Vitamin C	< 0.5	mg/100g
Calcium	63.0	mg/100g
Iron	4.7	mg/100g
Sodium	5.80	mg/100g
Ash	1.69	% by wt.

^{*} Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.

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