

ORGANIC WITH FINES

Nutritional Information

ORGANIC WITH FINES Analysis Name Calories 382 Cal/100g **Carbohydrates** 87.53 % by wt. 60.30 **Total Sugars** % by wt. **Fructose** 31.46 % by wt. Glucose 28.84 % by wt. Lactose 0.25 % by wt. **Maltose** 0.25 % by wt. 0.25 % by wt. Sucrose **Total Fat** 1.72 % by wt. **Trans Fat** < 0.01 % by wt. Saturated Fat 0.27 % by wt. **Monounsaturated Fat** 0.32 % by wt. cis-cis Polyunsaturated Fat 1.04 % by wt. 17.4 **Total Dietary Fiber** % by wt. **Protein** 4.05 % by wt. 23,000 **Polyphenols** ppm Vitamin A (Beta Carotene) 960 IU/100g Vitamin C < 0.5 mg/100g Calcium 63.0 mg/100g 4.7 Iron mg/100g Sodium 5.80 mg/100g 1.69 % by wt. Ash

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^{*} Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.